



POLICY FOR CLASSIFYING MEDICINES INTO THERAPEUTIC CLASSES FOR PURPOSES OF THERAPEUTIC INTERCHANGE

VERSION 9.0; 6 July 2021

1 Purpose

The purpose of this policy is to provide guidance for the placement of medicines in therapeutic classes

Subject to subsections (2), (3) and (4) of Section 22F, a pharmacist or a person licensed in terms of section 22C (1) (a) shall -

- (1) (a) inform all members of the public who visit the pharmacy or any other place where dispensing takes place, as the case may be, with a prescription for dispensing, of the benefits of the substitution for a branded medicine by an interchangeable multi-source medicine, and shall, in the case of a substitution, take reasonable steps to inform the person who prescribed the medicine of such substitution;*
- (b) dispense an interchangeable multi-source medicine instead of the medicine prescribed by a medical practitioner, dentist, practitioner, nurse or other person registered under the Health Professions Act, 1974, unless expressly forbidden by the patient to do so.*
- (2) If a pharmacist is forbidden as contemplated in subsection (1) (b), that fact shall be noted by the pharmacist on the prescription.*
- (3) When an interchangeable multi-source medicine is dispensed by a pharmacist he or she shall note the brand name or where no such brand name exists, the name of the manufacturer of that interchangeable multi-source medicine in the prescription book.*
- (4) A pharmacist shall not sell an interchangeable multi-*

which may be informed by the designation of a therapeutic class in the Standard Treatment Guidelines.

7 Designation and use of therapeutic classes

7.1 The NEMLC will designate therapeutic classes for a condition, where appropriate.

7.2 The NEMLC will identify a list of medicines by INN, dosage form and dose that fall into each therapeutic class.

- 8.2.7 Potential risks, such as contraindications, warnings, and precautions (including high risk patient populations e.g. elderly patients, pregnancy, liver and kidney disease and co-morbidities);
- 8.2.8 Requirements for clinical monitoring and patient management;
- 8.2.9 Availability of product, including but not limited to registration of the product in terms of the Medicines and Related Substances Act (Act 101 of 1965); and
- 8.2.10 Any additional monitoring and management requirements relating to management of the supply chain, prescribing and dispensing.

8.3 If the evidence based review shows the medicines have a comparable therapeutic effect, and that the therapies are similar with regard to the parameters on which they were compared, the expert review committee will make a recommendation to NEMLC for the designation of these agents into a therapeutic class, providing an appropriate dose and administration recommendation for each therapeutic alternative.

8.4 Supporting evidence should be preferably derived from meta-analyses, systematic reviews or randomised clinical trials published in peer-reviewed literature.

8.5

- 9.3.2.1 which items on a tender may be awarded per therapeutic class, and cases where the same medicine should be awarded across classes to facilitate dose titration and/or adjustment;
- 9.3.2.2 advice on the importance of monitoring patients when switching from one member of a therapeutic class to another;
- 9.3.2.3 monitoring

and PTCs, prescribers, persons dispensing medicine and patients must report any adverse effects in accordance with normal requirements for