







Palliative care

Home Based care

HIV/AIDS, TB and NCDs care and treatment package





Palliative Care is an approach which aims to **improve the quality of life** of patients, caregivers and families facing life **limiting** and **life-threatening illness** by preventing and alleviating suffering through **early identification, assessment and management of pain** and other physical, spiritual or psychosocial conditions.

The services should be available to all patients as needed from birth until death and should be accessible at all levels of the health care service.

Palliative care **cuts across all health programs** in the delivery of services







Home based care is defined as the provision of **comprehensive services**, which include **health** and





Categories of services	Activities
Conduct Home visits	Asses health and other social needs. Identify beneficiaries in need of care Provide basic nursing and palliative care Do house chores where necessary Provide information, education and communication (IEC material) Develop care plans with assistance from supervisors
Provision of psychosocial support	Provide counseling to address the psychosocial needs of the children, individuals and families (emotional and spiritual wellbeing, bereavement etc.)
Provision of treatment support	Promote and educate on healthy lifestyle Provide adherence support including coordination of adherence clubs (new role) Chronic illness treatment supervision (HIV and TB and NCDs) Trace defaulters to improve linkage and retention in care across the care cascade. Promoting peer support intervention (I-ACT) for newly initiated (0-6 months)
Referral for appropriate services	Conduct and record referrals and outcomes Establish and maintain referral Networks / Liaison with relevant stakeholders e.g. HTS sites for testing, treatment sites to access treatment, support group, support development service points for further psychosocial support etc.
Prevention, awareness and education	Participate in outreach and social mobilization activities. Conduct door to door campaigns. Address discrimination, stigmatization and disclosure related problems.
Monitoring and Evaluation	Complete their monthly tally sheets to measure their performance





Prevention	Case finding and Linkage to care	Retention to care
<p>Provide information on HIV transmission, including symptoms</p> <p>Promote regular HIV testing</p> <p>Distribute and demonstrate how to use male and female condoms.</p> <p>Encourage and recruit clients for voluntary medical male circumcision.</p>	<p>Provide pre-test and post-test counseling.</p> <p>Screening for HIV, TB and NCDs</p> <p>If positive provide physical linkage to care at facility.</p> <p>Index case finding and testing.</p>	



